



medicine &
surgery

dentistry &
aesthetics

health &
performance



prevention

Comprehensive screening programmes tailored for your background, preferences and approach. We help you with rapid, sustainable health improvement & risk reduction.

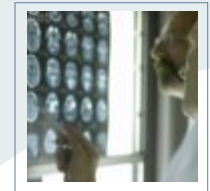
for the well, for those at risk of illness or recurrence



treatment

Our 40-strong team work together to best diagnose and manage simple, complex and critical issues. We integrate clinical & complementary practice with the latest in research.

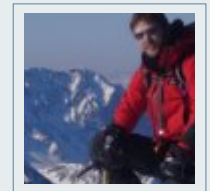
for almost every Medical, Dental or Surgical need



performance

Our programme goes beyond treatment and prevention to rapidly improve your fitness, resilience & cognition. We use a scientific yet holistic approach.

for every person to get more out of life, for longer



if you were asked...

...to list some of the vital elements of your life, no doubt time and health would be high among your priorities as both are major contributors to quality of life. But for many, it's not easy to prioritise health or search for the very best care when needed. This, we understand!

At 76 Harley Street, you will find a friendly team of experts across Medicine, Dentistry, Surgery, Integrated Health and Human Performance. Our goal is not only to diagnose and alleviate sometimes complex problems, but to help in a preventative and holistic way - always tailored to your goals and preferred approach.

What makes us special is the time we spend with you, and that we work as a collaborative team. Referrals take no time at all and you will receive immediate 'multi-disciplinary' opinions. We are home to world-leading clinicians and experts in nutrition, psychology, exercise physiology, physiotherapy and osteopathy, all working under one roof.

Our place is relaxing and we aim to put you at ease right from the start. The environment is always one of total privacy and concierge care.

This brochure introduces some of our services. Please do contact or visit us to discuss how we may help achieve your goals.

Dr Jack Kreindler Co-Founder



what our clients say...

Many people have benefited from our approach - including leaders of industry and Olympic athletes. But anyone who comes through our doors experiences healthcare in a new form.

"You and your team helped me through the most difficult time in my life. Thank you."

Pharmaceutical
market analyst

"I realised my goals - to live a long life, making my business work for me, and to grow and enjoy more time, with more mobility and energy. You did not just give me an all clear but changed my whole approach to work, eating, my weight, fitness and life. I feel different. I feel I have control again."

Head of global
investment bank

"For years I went to every clinic and had every test possible. Once I came here I knew you were the only people who could remove my health fears. You did it!"

CEO of theatrical
and model agency

"76 is special. I have never liked the normal approach of doctors or dentists, or even the atmosphere of private clinics. You have created an exceptional environment with experts in every field who obviously enjoy working together - it's a place I actually look forward to coming to. To me, 76 is unique."

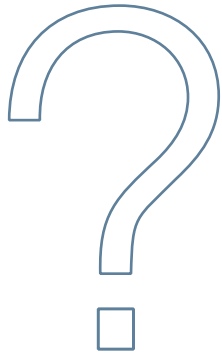
Financial services
software consultant

"This is exactly what the profession needs: To share knowledge in an integrated way to make significant, lasting improvements to every aspect of our patients' lives."

Director of department at
London teaching hospital

our approach

The multi-disciplinary team approach is an ideal model for healthcare because conditions, serious or not, are rarely simple. They are often subtle, complex and affect many body systems - no single clinician holds all cross-speciality knowledge. As in specialist 'Tertiary Care' centres, our experts working as an integrated, 'multi-disciplinary team' can deliver the very best in treatment, prevention and performance.



Conventional approach

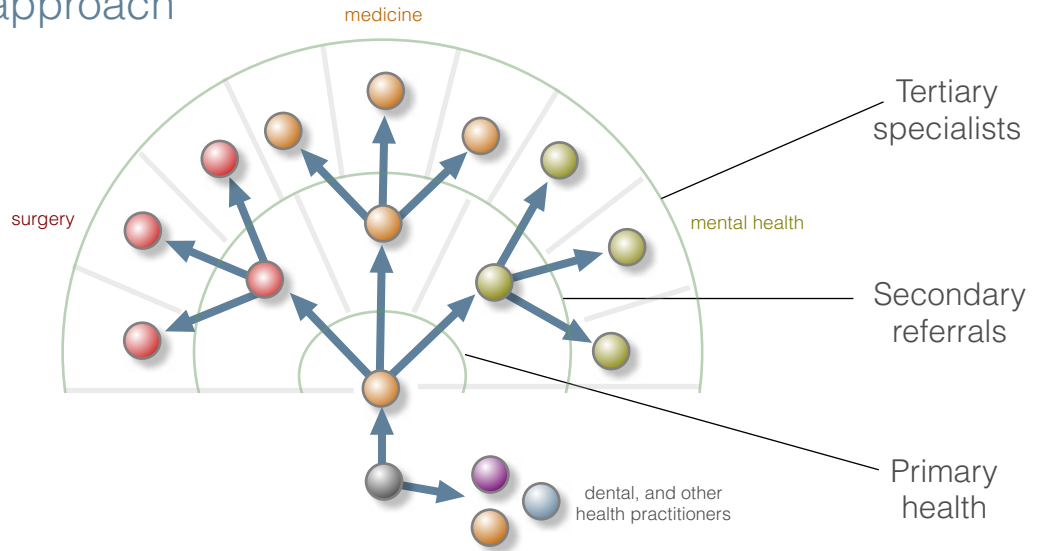
...Offers a primary point of contact, with family Doctors and Dentists referring to different specialists in separate institutions. These experts are chosen often for geographical convenience, and remotely communicate with the general practitioner. Often, only 'pharmacological, radiological or surgical' treatments are offered - integrated approaches or alternatives are scarce.

which
would
you
prefer

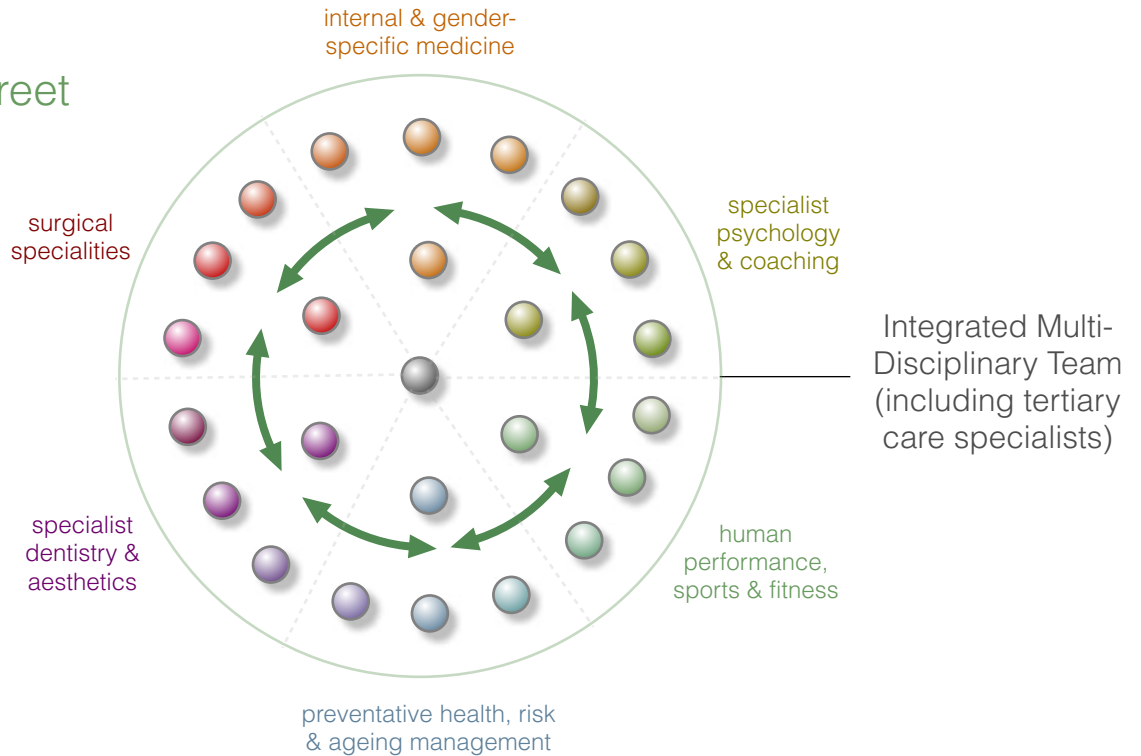
76 Harley Street

...Hand-picks elite experts at the top of their fields who work not in isolation but as a team. We meet and discuss every client, and create an integrated plan, sensitive to your needs, lifestyle and treatment preferences. Our team includes nutritionists, psychologists & exercise physiologists, integrated with top medical, dental and surgical specialists.

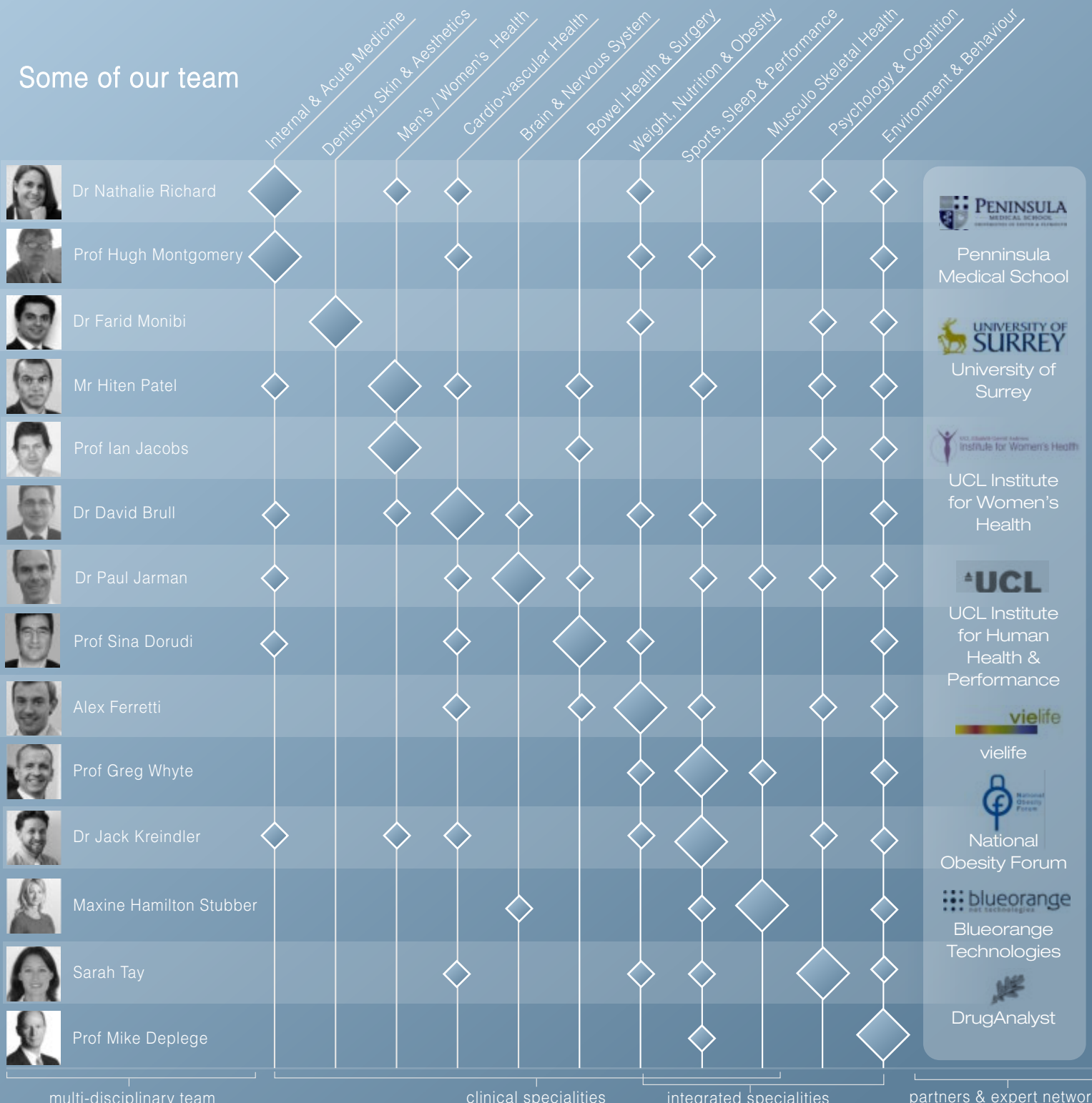
Conventional approach



76 Harley Street



Some of our team



- PENINSULA** MEDICAL SCHOOL
UNIVERSITY OF SURREY
- UNIVERSITY OF SURREY**
University of Surrey
- UCL** Institute for Women's Health
- UCL** Institute for Human Health & Performance
- vielife**
- National Obesity Forum**
- blueorange** Technologies
- DrugAnalyst**

multi-disciplinary team

clinical specialities

integrated specialities

partners & expert network

our experience

76's greatest asset is its integrated team

We are an integrated group of specialists, researchers and lecturers in our respective fields. Many of us practice at international centres of excellence and consult governmental and global organisations. We are united by a vision of how medical science can be used to make more out of our lives for longer, resulting ultimately in greater quality and 'effective longevity'.

At our heart is evidence-based best practice, prevention, screening and therapeutics. We apply this with unique sensitivity to our clients' wishes and whenever possible we optimise the performance of your health - reducing the risks of disease and ageing. We also source the very latest in treatment and advice on research or new drug trials should any issues arise.



our environment

Founded in 2007 by Farid Monibi, Jack Kreindler and Hiten Patel, 76 was designed to be as welcoming and comfortable as a lounge, whilst housing state-of-the-art facilities. The right environment is essential for our clients to enjoy their time here, whether for a check up, receiving dental treatment, training in our performance lab, or sipping fine wine at an evening seminar.

Convenience is also important. 76 has all medical, dental, preventative and human performance services in-house. We also provide late opening, round the clock medical and dental cover and weekend clinics for families and children, who can also benefit from our multi-disciplinary approach.



The waiting room, 76 Harley Street

